



Victoria Institution (College)

Prevention of Ragging in Digital Media

Dr. Mainul Hossain

Assistant Professor

Department of Mathematics

TIME SPENT ON SOCIAL MEDIA



Understanding Ragging

Ragging is **bullying or harassment** often faced by students. It can occur in various forms

- verbal abuse
- psychological manipulation
- social isolation among peers

particularly affecting young women.





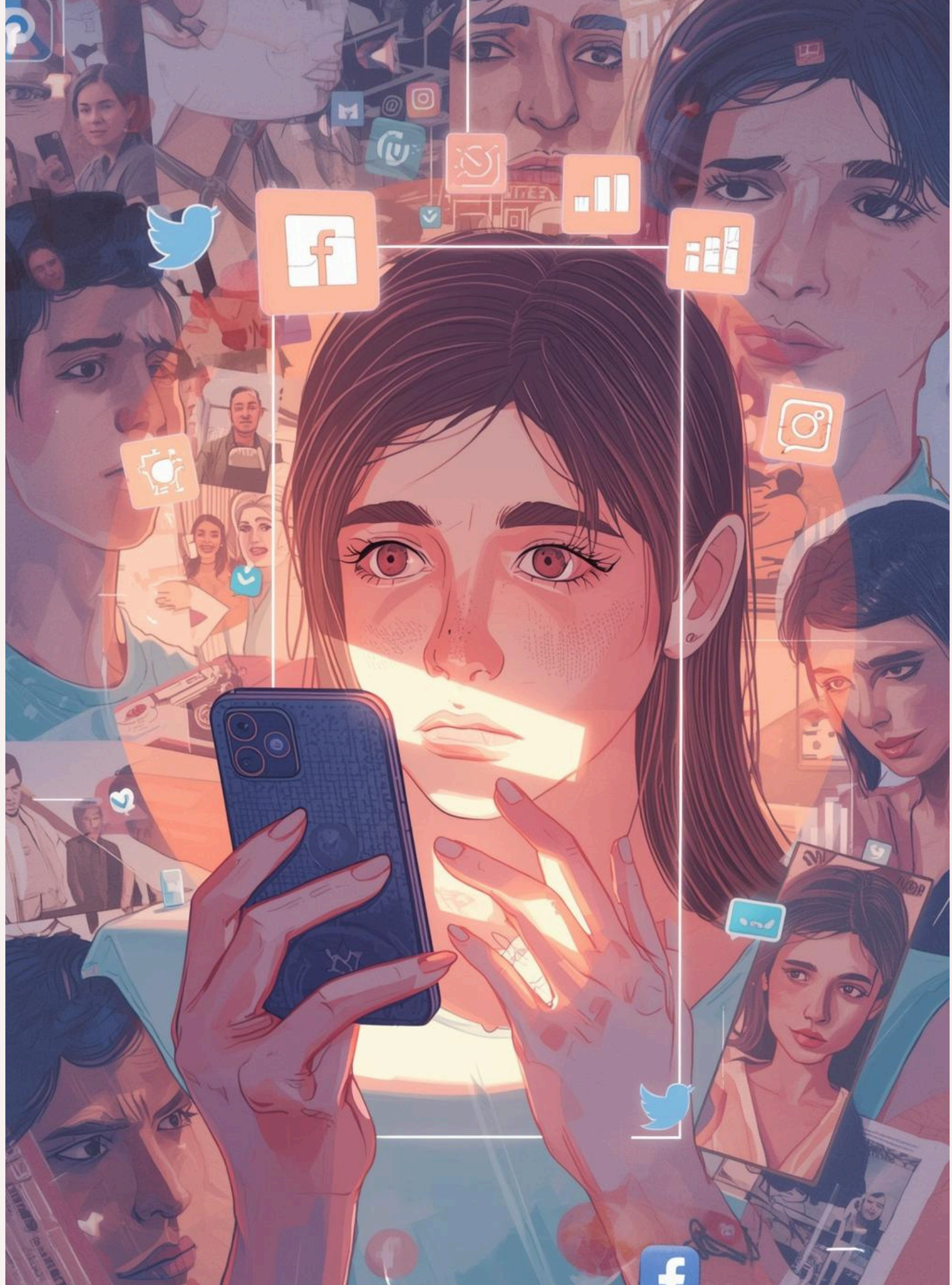
What is Digital Ragging?

Digital ragging refers to **online harassment** that targets a person, manifesting through bullying, body-shaming, and character assassination via social media and other digital platforms.

Online Situations

Young women often encounter various **challenges** online, including unwanted messages, fake profiles, and harassment. Understanding these situations is crucial for empowering girls in the digital space.



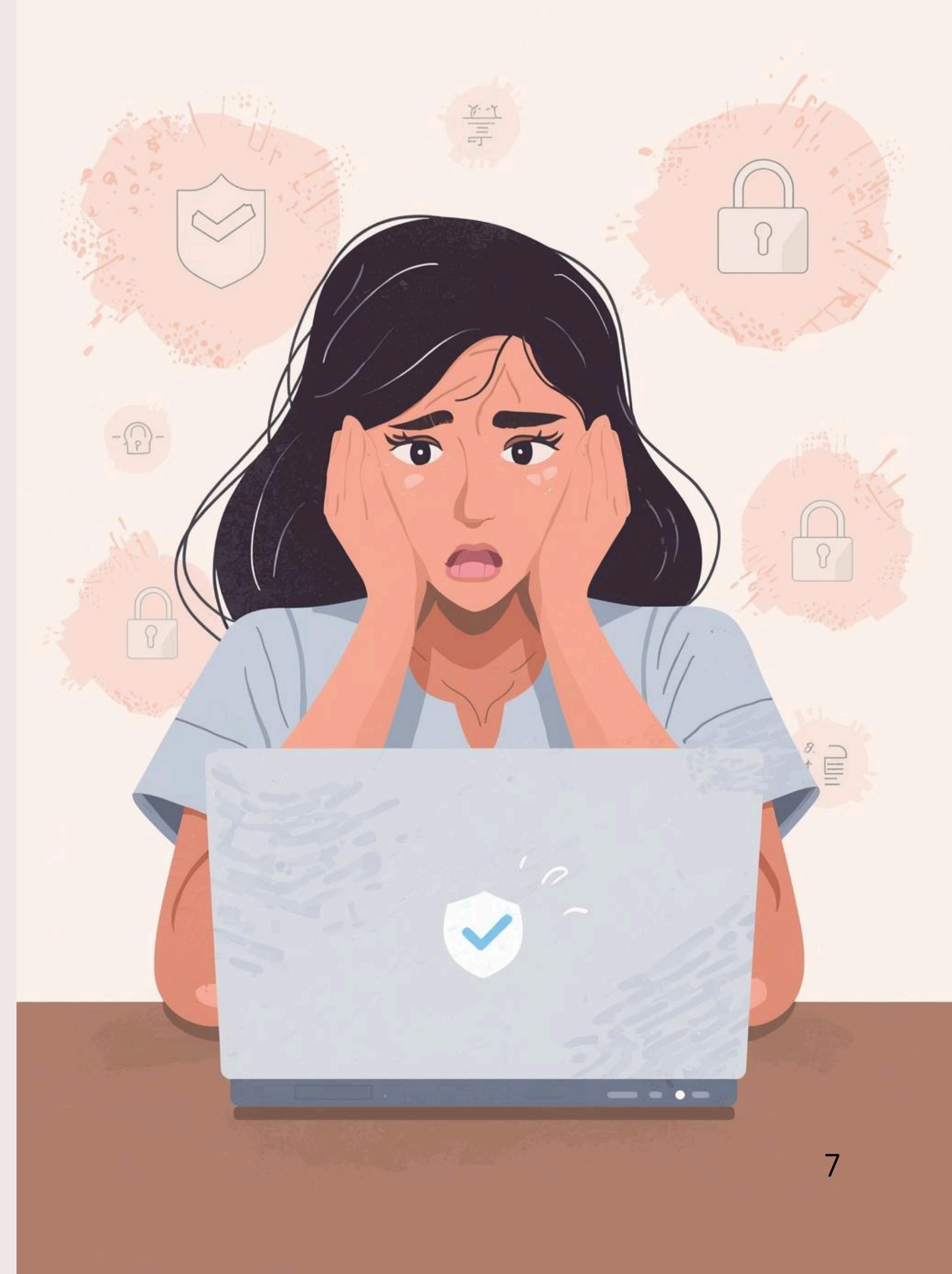


Other Digital Threats

Women face various **digital threats**, including misuse of personal photos. These issues can severely impact self-esteem and mental well-being, making awareness essential.

Digital Arrest

The **Digital Arrest Scam** is a rising concern, where perpetrators use fake legal threats to manipulate and extort young women online, creating fear and anxiety in their lives.





“Trust can be easily broken online.”

The Incident

“I felt trapped and had no choice.”

– ANONYMOUS





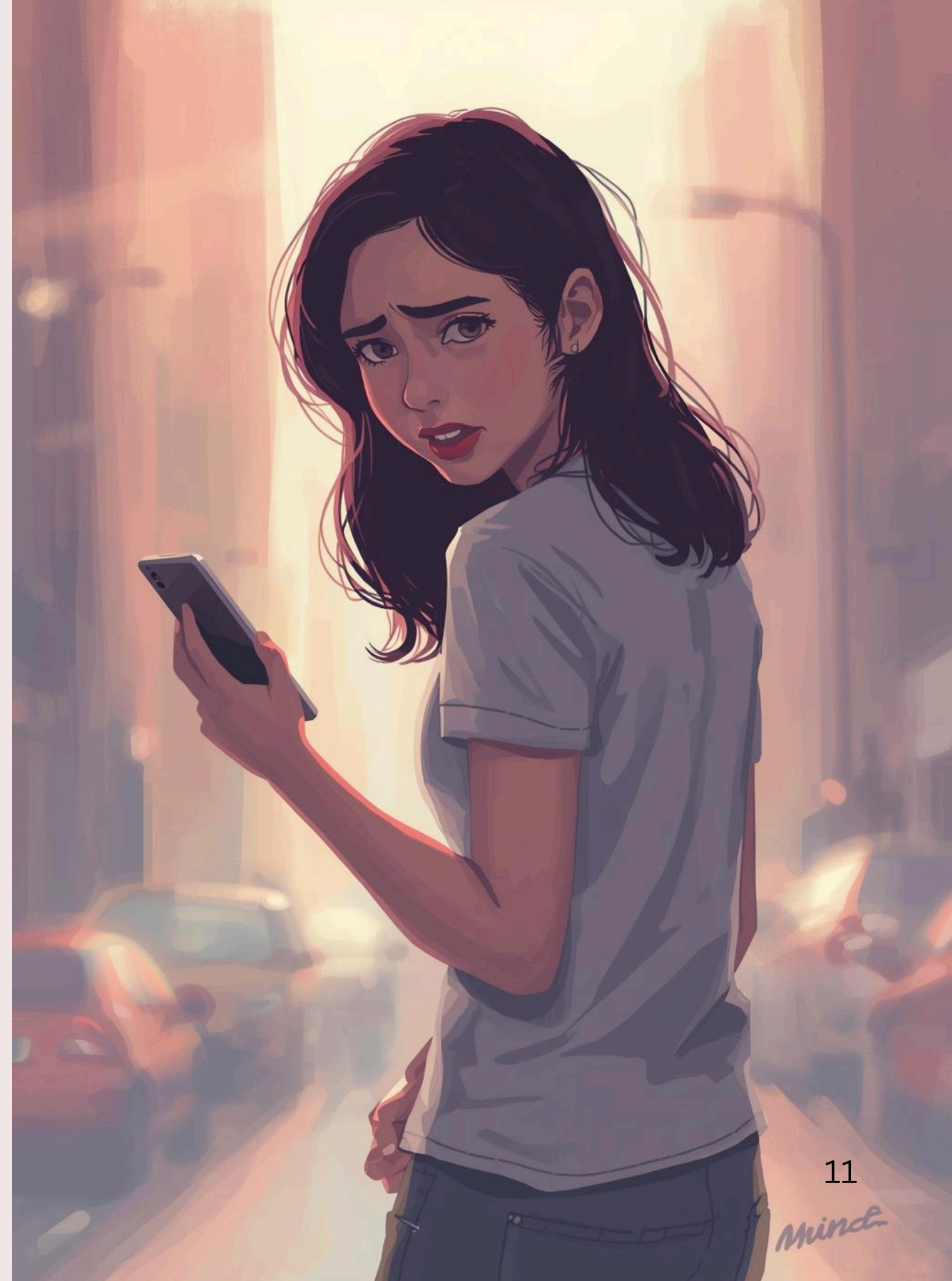
Quote

“You have the power to protect yourself.”

Case Story

“I never thought it would be me.”

– ANONYMOUS





Emotional Impact

Digital ragging can lead to significant **emotional distress** for girls, affecting their safety, confidence, and mental health, often resulting in anxiety and isolation in their daily lives.

Academic & Social Impact

Digital ragging can profoundly affect girls' academic performance and social interactions, leading to feelings of isolation, anxiety, and decreased confidence in educational settings.



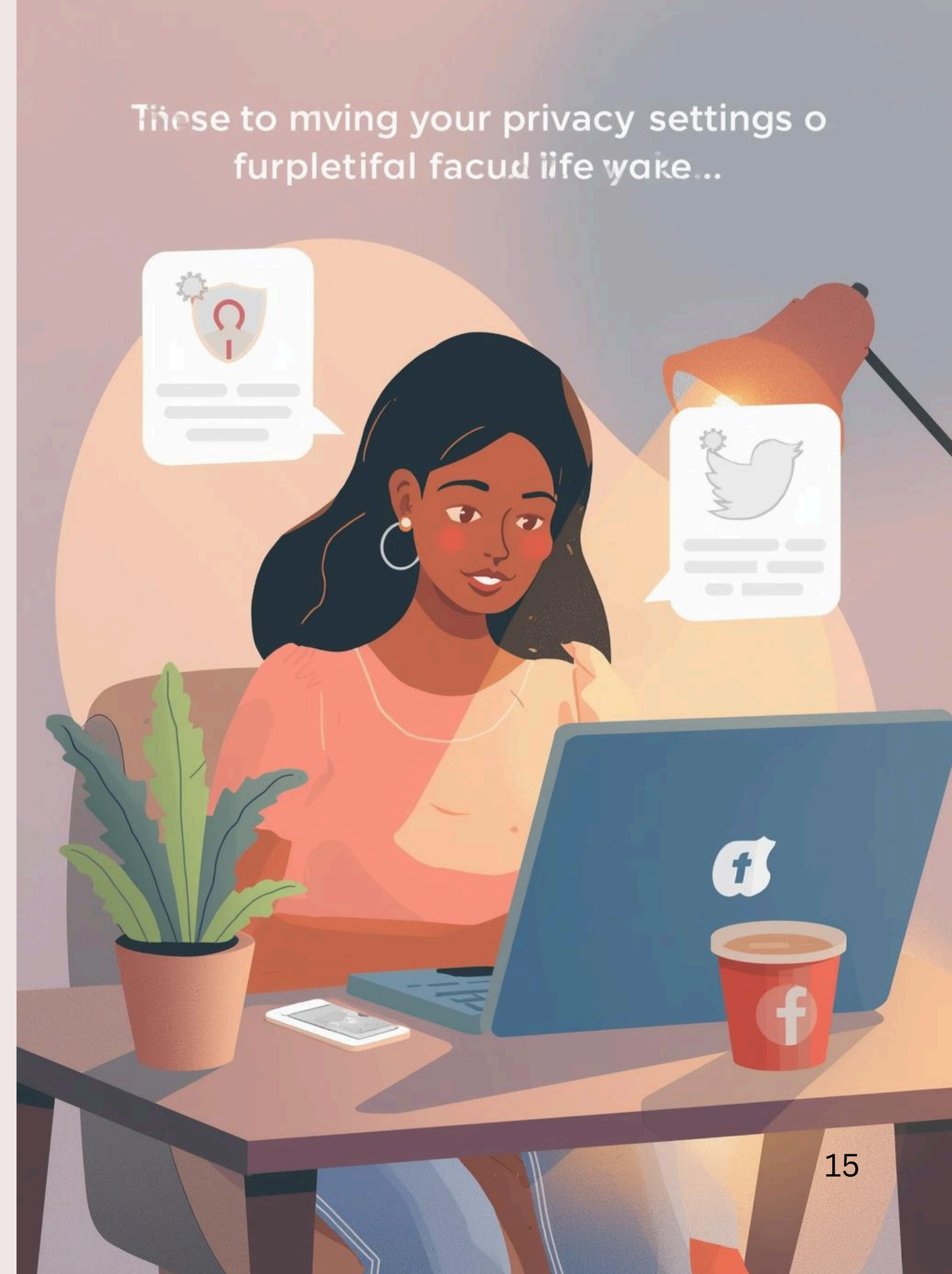
Legal Protection

Understanding the legal protections available for women is crucial. These laws help safeguard against harassment, ensure privacy rights, and promote a safe digital environment for all.

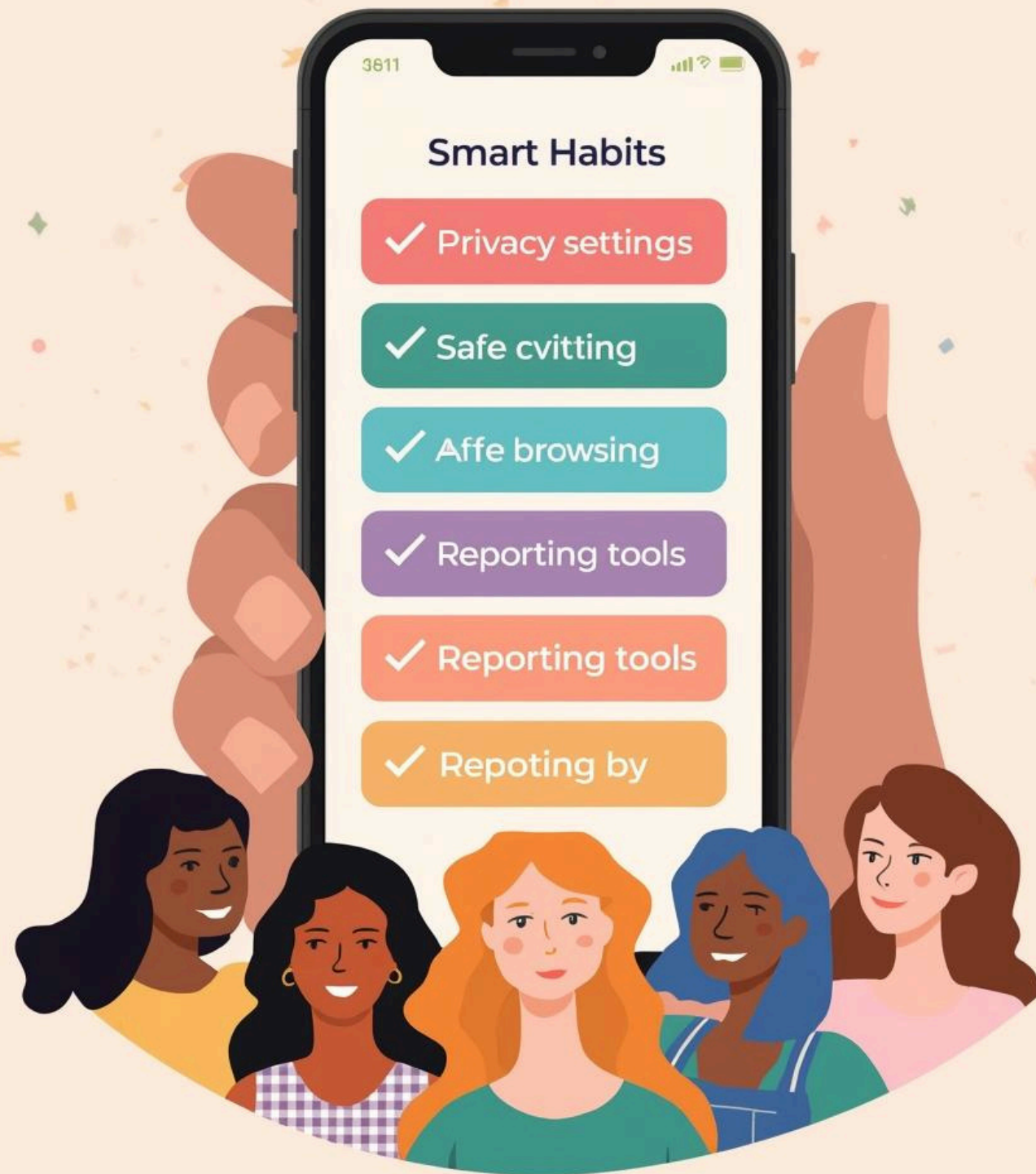


Staying Safe Online

Understanding how to **protect yourself** on digital platforms is crucial. By setting privacy settings and being mindful of what you share, you can enhance your online safety.



**Habits fere building
ane acolag asticutre to
smart digital habits**



Smart Digital Habits

Developing **smart digital habits** is essential for women students to navigate online spaces safely, ensuring privacy and well-being while engaging positively with technology.

What NOT to Do Online

Navigating the online world can be challenging. It's crucial for young women to understand **unsafe behaviors** to avoid risks like harassment and privacy violations.

Safe Vs. Unfail

Grawt online ontine coal tive rellating recenls rora chastation, be replumagecempnach safotumpiil, thanessage.





College Support System

The Anti-Ragging Cell provides vital support and resources to ensure a safe college environment for all students, promoting trust and well-being among young women.

Reporting Made Simple

Understanding how to report incidents online is essential. This four-step flow empowers young women to take action and assert their rights in a safe, supportive manner.





Supporting a Friend

It's crucial to stand by friends facing online harassment.

Listening and providing reassurance can help them feel safe and valued during difficult times.

Empowerment for Women

In a world filled with challenges, **support and strength** among women is vital. Together, we can uplift each other, fostering a community of resilience and confidence.





Summary & Recap

In this session, we've discussed **the importance** of awareness and empowerment for young women in navigating digital spaces, emphasizing safety and support against online threats.

THANK
YOU

Let us know your
presence

