



VICTORIA INSTITUTION (COLLEGE)

78 B, A.P.C ROAD

KOLKATA 700 009

7.2.1 BEST PRACTICES

Best Practices I

Regular maintenance of the medicinal plant garden.

Located in one of the busiest thoroughfares of the city, amidst growing pollution, possessing a substantial stretch of land with a splash of greenery is nothing short of an ecological privilege. Alongside this green space lined with trees and shrubs; the college ground also houses a medicinal garden which has a good variety of medicinal plants. This garden is carefully nurtured so that the young generation is able to learn and appreciate the value of traditional Indian Ayurveda in their daily lives. The enhancement of such knowledge is implemented through practical sessions where the students learn the process of identification and focusing on the therapeutic properties of such plants; such sessions create a drive among students to probe deeper which makes learning meaningful. In this respect the Nature Club plays an active role. The initiative seeks to beautify and develop the college campus into an educationally functional, aesthetically attractive and environmentally sustainable green space.

Best Practices II

Formation of Victoria Care – Institutional Initiative to foster Psycho-social well being of the students through systematic monitoring and counselling.

Victoria Institution (College) emphasizes not only on imparting holistic education but also recognize the necessity of the psycho-social well-being of the students. This has been put to practice by initiating a special care programme titled Victoria Care, by engaging the teachers from the department of Psychology. Victoria Care and the Mentor-Mentee Programme together plays a crucial role in ensuring the psychological well being of students. The departmental teachers act as the first line of counsellors, by observing and interacting with students all the year round. Regular sessions with Mentors serve as the next line of identification of any aberrative behaviour / demeanour among students. Those in need of special sessions are sent to Victoria Care by the department faculty and/or Mentors for assistance. Finally, teacher members of Victoria Care make the final assessment and refer those in requirement of clinical intervention to skilled professionals after due consultation with parents.