



युवा कार्यक्रम
एवं खेल मंत्रालय
MINISTRY OF
YOUTH AFFAIRS
AND SPORTS

सत्यमेव जयते



एक कदम स्वच्छता की ओर



Victoria Institution (College)

78B, A.P.C. ROAD, KOLKATA-700009

Affiliated Under University of Calcutta,
Registered under 2f and 12B of UGC Act

ISO 9001:2015 Certified

NSS Bulletin 2024–25: A Year of Service & Learning

NSS Unit, Victoria Institute (College)

PHONE: (033) 2350 1959 / 2360 0046
EMAIL: victoriacollege1932@gmail.com



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MOTO

National Service Scheme (NSS) is a scheme of the Central government under the Ministry of Youth Affairs and Sports. Launched in the year 1969 marking Mahatma Gandhi's Birth Centenary year, it aimed at providing hands on experience to students (young NSS volunteers) in community service; the official motto being 'you, before me'.

The NSS Unit of Victoria Institution (College) was established in 1975 with a mission to encourage students and impart in them an urge to serve the society, driven by the inspirational poem by the Bengali poet, social worker and feminist KAMINI ROY - "SAKOLER TORE SAKOLE AMRA PRATYEKE AMRA PORER TORE".

Not Me But You



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NSS ADVISORY COMMITTEE OF THE COLLEGE

FOLLOWING ARE THE MEMBERS OF THE PRESENT NSS ADVISORY COMMITTEE OF THE COLLEGE :

1. Chairperson: Dr.Maitreyi Ray Kanjilal (Principal)
2. Secretary: Dr. Chitrita Bhowmick (Programme Officer)
3. Members of the Advisory Committee (Staff Members):
4. Dr. Simanti Bandyopadhyay (Associate Professor, Department of Economics) and Dr. Subhendu Chanda (Associate Professor, Department of Physics and Bursar)
5. Representative from the ward no.37: Mrs.Soma Chowdhury (Councillor of Ward No. 37)
6. Representative from local Police Station: Officer-in-Charge of Amherst Street Police Station: Mr. Saikat Neogi
7. NSS Students' Leader : Ms. Madhumita Sardar , MS. Priya Das



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Grant Received

Sr. Number	Sanctioned by	Grant Amount
1.	West Bengal State Aids Prevention and Control Society (WBSAP&CS) Department of Health and Family Welfare, Government of West Bengal for Conducting Hepatitis Awareness Programme	5000/-
2.	Government of India, Ministry of Youth Affairs and Sports, Regional Directorate of NSS for Swachhata Hi Seva Programme	25000/-
3.	West Bengal State Aids Prevention and Control Society (WBSAP&CS) Department of Health and Family Welfare, Government of West Bengal for Conducting Health Awareness Programme	9000/-
4.	University of Calcutta for NSS Regular activities and Special Camp	71000/-
Total		1,10,000/-



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Innovative Eco-Friendly Initiative by NSS Volunteers

Date: 8th April 2024

The NSS Unit of Victoria Institution (College) launched an Anti-Plastic Campaign by creating eco-friendly bags from repurposed old curtains donated by faculty. Guided by Principal Dr. Maitreyi Ray Kanjilal with support from colleagues, the initiative was carried out in collaboration with CGC Sahara, a self-help group of young women from Calcutta Girls' College. This effort not only promotes sustainability but also fosters self-employment opportunities for the group members.



Eye Care Initiative

Date: 19th April 2024

The NSS Unit and IQAC of Victoria Institution (College), with Susrut Eye Foundation, held a community eye testing camp involving students and staff. The initiative highlighted the college's commitment to healthcare and social outreach.





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Social Responsibility Initiative – NSS Volunteers’ Contribution

Date: 29th April 2024

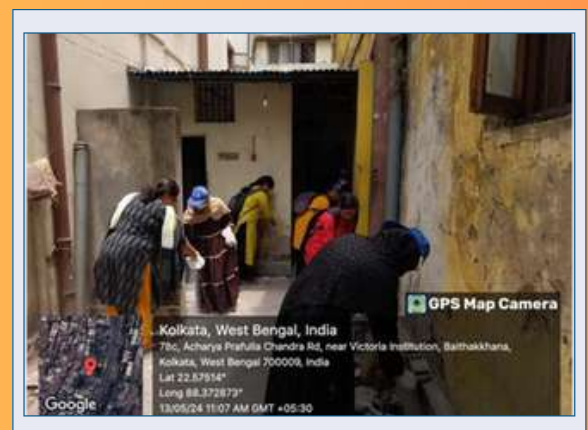
NSS volunteers of Victoria Institution (College) distributed ORS and coconut water to Traffic Civic Volunteers as a gesture of care and appreciation for their dedicated service in managing the city’s traffic. The initiative highlighted the spirit of social responsibility and community welfare. Guidance from Principal Dr. Maitreyi Ray Kanjilal and encouragement from colleagues played a key role in the success of the programme.



Two-Day Dengue Awareness Program by NSS

Date: 13th–14th May 2024

The NSS Unit of Victoria Institution (College) held a two-day Dengue Awareness Program on campus. Day one featured a cleanliness drive with bleaching powder to prevent mosquito breeding. On day two, volunteers conducted an anti-Dengue campaign using posters to educate students, staff, and canteen workers on prevention and control. The initiative highlighted the importance of cleanliness and awareness, reflecting NSS’s commitment to community health.





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Tagore's 164th Birth Anniversary Celebration

Date: 15th May 2024

The NSS Unit of Victoria Institution (College) organized a cultural program to mark Rabindranath Tagore's 164th Birth Anniversary. The event paid tribute to his timeless legacy through poetry recitations, song performances, and presentations on his philosophical and social ideals. It reminded participants of Tagore's profound influence on literature, music, art, and culture, serving as a heartfelt homage to a visionary whose work continues to inspire generations.



World Environment Day Celebration

Date: 5th June 2024

The NSS Unit, in collaboration with the Department of Botany and IQAC, celebrated World Environment Day with activities promoting environmental awareness. The event included a workshop on soil preparation and biofertilizers, application of compost-based liquid fertilizers, a sapling plantation drive, and creative planter painting. The celebration encouraged community participation and highlighted the need for sustainable practices.





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Gatekeepers Training on Mental Health

Date: 14th June 2024

On 14th June 2024, NSS volunteers participated in the Gatekeepers Training program organized by Students' Health Home. The initiative focused on mental health awareness and crisis intervention, equipping participants with techniques to support peers in distress. Volunteers engaged actively in the sessions, reflecting their commitment to fostering a safe and supportive community.



NSS Volunteers Lead Blood Donation Drive

Date: 14th June 2024

On 14th June 2024, NSS volunteers donated blood at Swasthya Bhavan, reflecting the unit's commitment to community welfare. We thank Principal Madam for her encouragement and the IQAC Coordinator for his cooperation. As Program Officer, I extend gratitude to all volunteers and colleagues for their support in making this initiative possible.





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Embracing Wellness – A Week of Yoga and Empowerment

Date: 15th–20th June 2024

The NSS Unit of Victoria Institution (College) organized Yoga Week from June 15–20, 2024. It began with individual yoga practice at home on June 15, followed by family sessions on June 16 and continued practice on June 18. A yoga demonstration at Keshub Hall on June 19 showcased various asanas. The week concluded on June 20 with group yoga practice, a seminar on Yoga and Women Empowerment, and a workshop that enriched participants' skills and understanding.



Raising Awareness – NSS Observes International Anti-Drug Day

Date: 28th June 2024

On 28th June 2024, NSS volunteers of Victoria Institution (College) joined hands with CINI for an awareness campaign on the International Day Against Drug Abuse and Illicit Trafficking. The event included a pledge, poster displays on drug hazards, and interactive sessions with adolescents (10–19 years). This initiative reinforced the volunteers' dedication to promoting a drug-free community.





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Composting Application Drive

Date: 13th July 2024

The NSS Unit and Nature Club of Victoria Institution (College) organized a composting activity, applying previously prepared compost in the college garden and nearby green areas. The initiative promoted eco-friendly practices, highlighted the benefits of organic waste recycling, and reinforced the institution's commitment to sustainability and environmental awareness.



Webinar on World Youth Skills Day

Date: 15th July 2024

The NSS Unit and IQAC of Victoria Institution (College) organized an online webinar on the theme "Youth Skills for Peace and Development." The session highlighted the role of youth in peacebuilding and sustainable growth through skill enhancement. It was interactive and insightful, with active participation from students and faculty, reaffirming the college's commitment to holistic education.





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Cyber Security Awareness Campaign

Date: 16th July 2024

The NSS Unit of Victoria Institution (College), in collaboration with Cyber Cell ND&NSD and Amherst Street Police Station, organized a session on cyber safety. Experts discussed online threats like phishing, data breaches, and identity theft, supported by real-life cases. Students actively engaged in learning practical safety tips and reporting mechanisms, reflecting the college's commitment to empowering youth with digital awareness and safe online practices.



Thalassemia Testing Camp

Date: 18th July 2024

The NSS Unit of Victoria Institution (College), in collaboration with IQAC and Students' Health Home, organized a Thalassemia Testing Camp at Keshub Memorial Hall. The initiative focused on raising awareness and encouraging early detection through voluntary blood screening. Participants were informed about genetic transmission, prevention, and the importance of regular testing. The camp saw enthusiastic participation, promoting health consciousness and responsible health practices within the campus community.





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Ek Ped Maa Ke Naam –Plant4Mother Campaign

Date: 20th July 2024

The NSS Unit of Victoria Institution (College) participated in the “Ek Ped Maa Ke Naam” – Plant for Mother Campaign to promote environmental conservation. Saplings were distributed among students, faculty, and staff to encourage tree plantation in homes and communities. An awareness drive highlighted the benefits of compost-based organic manure as an eco-friendly alternative to chemical fertilizers. The campaign inspired participants to adopt sustainable practices, symbolizing love and respect for mothers through nurturing trees as “green mothers.”



Observation of Banmahotsab

Date: 25th July 2024

The NSS Unit of Victoria Institution (College), in collaboration with Amherst Street Police Station, organized a sapling plantation drive on campus to mark Banmahotsab. Officer-in-Charge Mr. Saikat Neogi and Duty Officer Mr. Kaushik Bal, along with NSS volunteers and faculty members, planted saplings at key spots including the historic Samadhithal and college garden. Around twenty saplings were distributed for plantation across the campus. The event promoted environmental conservation, greenery, and community cooperation in fostering sustainable practices.





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Topic: Awareness Seminar and Sanitizer Distribution

Date: 1st August 2024

The NSS Unit of Victoria Institution (College) organized a seminar on Hepatitis awareness, conducted by Dr. Diptak Bhowmick, Assistant Professor and Consultant at the Hepatitis Clinic, College of Medicine and Sagore Dutta Hospital. Following the session, hand sanitizers were distributed among students and staff to encourage hygienic practices and reduce infection risks. The programme saw active participation, reflecting the NSS Unit's commitment to public health education and preventive care.



Observation of World Hepatitis Day

Date: 3rd August 2024

The NSS Unit of Victoria Institution (College) organized a community awareness campaign to mark World Hepatitis Day. NSS volunteers conducted outreach in the neighborhood, using posters, placards, and direct interaction to educate people about the causes, symptoms, and transmission of hepatitis. They also highlighted the importance of vaccination, hygiene, and regular check-ups. The campaign aimed to sensitize the community and encourage early health-seeking behavior, supporting the national goal of eliminating hepatitis as a public health threat.





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Training Programme on “Resource Generation from E-Generation”

Date: 10th & 12th August 2024

Organized by: Students’ Health Home
Participating Unit: NSS Unit, Victoria Institution (College)
On 10th and 12th August 2024, NSS volunteers of Victoria Institution (College) participated in a training programme and camp on “Resource Generation from E-Generation,” organized by Students’ Health Home. The programme focused on empowering youth with life skills, health awareness, and environmental sensitivity. Key sessions included Mental Health Awareness, training on recognizing early signs; ‘Hate Kolome’, an activity on psychological screening; First Aid and CPR, for emergency care; Understanding Social Health, highlighting community–individual interrelations; and Environmental Awareness, stressing biodiversity and sustainable living.

The training enhanced the volunteers’ capacity to serve as health ambassadors and community educators.





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International Youth Day Programme

Date: 12th August 2024

NSS volunteers from Victoria Institution (College) participated in the State-level Drama/Quiz/Dance Drama Competition organized by the West Bengal State AIDS Prevention and Control Society under the Department of Health & Family Welfare at Swasthya Bhavan. The event marked International Youth Day and the launch of the Intensified IEC Campaign. Volunteers actively contributed to raising awareness on HIV/AIDS prevention, reflecting the values of NSS while promoting social responsibility, teamwork, and healthy living.



Independence Day Celebration

Date: 15th August 2024

On the 78th Independence Day, Victoria Institution (College) organized a flag hoisting ceremony on campus with active participation from NSS volunteers. The event began with the unfurling of the National Flag and the National Anthem. Volunteers distributed flags and badges, organized a cultural programme to honor freedom fighters, and pledged their commitment to sustainable development and community service. The celebration reinforced unity, patriotism, and civic responsibility among students and faculty.





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Gender Equality – Let’s Make It a Reality

Date: 30th August 2024

Victoria Institution (College), in collaboration with CINI, Women’s Cell, and IQAC, organized a sensitization workshop on gender equality, supported by Terre Des Hommes, Germany. The event included a play by CINI children, a talk on inclusivity, a film screening with interactive discussion, and a personal testimony on gender challenges. It concluded with felicitations, highlighting the active role of NSS volunteers and institutional support.



Swachhata Hi Seva Day 1

DATE: 17/09/24

Event : Collection and Disposal of Single Use Plastic in neighbourhood.





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Swachhata Hi Seva Day 2

DATE: 18/09/24

Event : Collection and Disposal of Single Use Plastic in our adopted ward no. 37.



Swachhata Hi Seva Day 3

Date: 20th September 2024

Event : Collection and Disposal of Single Use Plastic in Garpar Machuabazar, Rajabazar, Kolkata and awareness campaign by our NSS Volunteers.





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Raksha Bandhan Pledge Activity

Date: 20th September 2024

On Raksha Bandhan, NSS volunteers of Victoria Institution (College) took a pledge to uphold dignity, respect, and community service. The initiative emphasized protection, harmony, and equality, spreading awareness about social responsibility beyond traditional rituals.



Swachhata Hi Seva Day 4

Date: 20th September 2024

1) Collection and disposal of single-use plastics at the heritage site of our college, followed by cleaning the tombstones at the family burial site of Keshub Chandra Sen, located on the college premises.

2) Cleaning of our Central Library and conducting an awareness campaign on the proper disposal of single-use plastics.





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Swachhata Hi Seva Day 5

DATE: 23/09/24

Human Chains : 'Join hands, break the chains of waste; together we can turn the tide on single-use plastic'.



Swachhata Hi Seva Day 6

DATE: 26/09/24

- 1) Awareness campaign by our volunteers through poster presentations.
- 2) Taking a pledge with the students of our adjacent school.
- 3) Awareness program against single-use plastic, along with distributing cotton bags in the marketplace.





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Swachhata Hi Seva Day 7

DATE: 28/09/24

Awareness campaign by our volunteers through poster presentations at ESI Hospital. Collection and disposal of single-use plastic at the hospital premises.



Kolkata, West Bengal, India
H9FF+3C3, Raja Bazar, Kolkata, West Bengal 700009, India
Lat 22.572707°
Long 88.373402°
28/09/24 12:49 PM GMT +05:30



Kolkata, West Bengal, India
3053, Ashwini Pratab Chandra Post, Rajeswari, Ashwini Pratab Chandra Rd, Raibach, Kolkata, West Bengal 700056, India
Lat 22.57907°
Long 88.572718°
28/09/24 12:38 PM GMT +05:30

Swachhata Hi Seva Day 8

DATE: 26/09/24

- 1) Collection and disposal of single-use plastic in our adopted ward, word 37.
- 2) Cleanliness Drive.



Kolkata, West Bengal, India
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Kolkata, West Bengal, India
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Kolkata, West Bengal, India
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Kolkata, West Bengal, India
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Swachhata Hi Seva Day 9

DATE: 01/10/24

The NSS Unit of Victoria Institution (College) organized a special lecture by Dr. Parnasabari Bhattacharyya, Associate Professor, Department of History, highlighting unsung heroes of India's independence movement. The talk shed light on contributions of marginalized groups, women, tribal fighters, and local revolutionaries often left out of mainstream history. Students, faculty, and NSS volunteers actively participated in discussions, making the event both a historical reflection and a call to uphold values of sacrifice and service in nation-building.



Swachhata Hi Seva Day 10

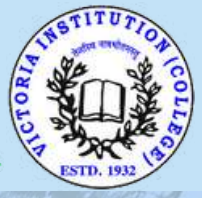
DATE: 02/10/24/24

Cleanliness Drive at Bagbazar Ghat





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Swachhata Hi Seva Day



Kolkata, West Bengal, India
92, Balihakkhana Rd, College Street Bata, Balihakkhana, Kolkata, West Bengal 700009, India
Lat 22.579622°
Long 88.373991°
18/09/24 12:24 PM GMT +05:30



Kolkata, West Bengal, India
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18/09/24 12:23 PM GMT +05:30

Kolkata, West Bengal, India
83, Balihakkhana Rd, College Street Bata, Balihakkhana, Kolkata, West Bengal 700009, India
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Long 88.373991°
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Kolkata, West Bengal, India
297/1H-16, Hard St, Raja Bazar, Kolkata, West Bengal 700008, India
Lat 22.575274°
Long 88.373184°
20/09/24 11:40 AM GMT +05:30

Kolkata, West Bengal, India
24, 26, 28, Chatterjee Sarani St, Near Barid Hall, Raja Bazar, Kolkata, West Bengal 700008, India
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Long 88.364221°
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This Diwali with My Bharat – Anti-Plastic Drive (Day 1)

Date: 28th October 2024

The NSS Unit of Victoria Institution (College) launched the campaign with a cleanliness and awareness drive at Garpar Vegetable Market, Rajabazar. Volunteers collected single-use plastic and educated vendors and residents about its harmful effects through posters, placards, and interactions. The initiative encouraged sustainable practices during Diwali, combining festive spirit with environmental responsibility.



This Diwali with My Bharat – Hospital Volunteering (Day 2)

Date: 29th October 2024

As part of the campaign, NSS volunteers of Victoria Institution (College) served at ESI Hospital, Sealdah. They assisted patients in the OPD, guided them to rooms, and provided support, especially to the elderly and those in distress. The activity spread comfort and empathy, reflecting the humanistic values of NSS and celebrating Diwali through kindness and service.





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Outreach Programme by NSS Unit

Date: 25th November 2024

Date: 25th November 2024
Topic: Outreach Programme by NSS Unit
The NSS Unit of Victoria Institution (College) conducted an outreach programme in Sealdah, distributing stationery and food among underprivileged children. Volunteers also interacted with the students, spreading warmth and encouragement. Supported by Kolkata Traffic Police, the initiative reflected NSS values of compassion, equity, and social responsibility.



Constitution Day Observance

Date: 26th November 2024

The NSS Unit of Victoria Institution (College) observed Constitution Day at 78B APC Road, Kolkata, with the theme “Uniting for Equity and Justice for All.” Volunteers read the Preamble and engaged in discussions on constitutional values, rights, and duties. The event reinforced civic responsibility, justice, and unity in a diverse democratic nation.





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Winter Clothing Distribution Drive for Underprivileged Children

Date: 13th December 2024

The NSS Unit of Victoria Institution (College), with support from Sealdah Traffic Guard, organized a winter clothing distribution drive in Ward No. 37 and nearby areas. Principal, IQAC members, faculty, and students joined volunteers in distributing sweaters, jackets, and shawls to underprivileged children. The initiative provided warmth and comfort while reflecting the college's commitment to community service, empathy, and social responsibility.



Blood Donation Camp at Victoria Institution (College)

Date: 15th January 2025

The IQAC, NCC, and NSS Unit of Victoria Institution (College), in collaboration with the Calcutta Medical College organized a Blood Donation Camp at Keshub Memorial Hall. Students, staff, and faculty actively participated, promoting awareness about voluntary blood donation and reinforcing the college's commitment to social welfare and humanitarian service.





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Herbal Abir Preparation: A Hands-on Workshop

Date: 12th February 2025

The NSS Unit, Nature Club, and IQAC of Victoria Institution (College), in collaboration with CRCT, Jadavpur University, organized a workshop on eco-friendly Herbal Abir preparation at Keshub Memorial Hall. Participants learned to make natural colours from flowers, leaves, and turmeric, promoting sustainable practices and raising awareness about the harmful effects of chemical-based colours used during Holi. The event reflected the institution's commitment to environmental responsibility and cultural preservation.



Participation in RRC Peer Educators' Training Programme

Date: 13th March 2025

The NSS Unit of Victoria Institution (College) participated in the "Training of Trainers (TOT) for RRC Peer Educators" at Swasthya Bhawan, Salt Lake, organized by the Department of Health & Family Welfare, Government of West Bengal. Conducted under the Red Ribbon Club initiative, the programme trained volunteers on HIV/AIDS prevention, sexual health, and youth outreach. Through interactive sessions and group activities, participants gained knowledge, teamwork, and leadership skills, empowering them to serve as peer educators and health advocates in their communities.





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Seven Day Special Camp 21st-27th March 2025





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Seven Day Special Camp 21st-27th March 2025





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सत्यमेव जयते



Seven Day Special Camp

21st-27th March 2025





युवा कार्यक्रम
एवं खेल मंत्रालय
MINISTRY OF
YOUTH AFFAIRS
AND SPORTS

सत्यमेव जयते



एक कदम स्वच्छता की ओर



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Kolkata, West Bengal...
77/1a, Sh 1, Baithakkhana, Kolkata,
West Bengal 700009, India
Lat 22.574566° Long 88.372637°



Kolkata, West Bengal, India
77c, Acharya Pratulla Chandra Rd, Baithakkhana,
Kolkata, West Bengal 700009, India
Lat 22.574839° Long 88.372926°
16/04/2025 11:37 AM GMT +05:30



Kolkata, West Bengal, India
77c, Acharya Pratulla Chandra Rd, Baithakkhana,
Kolkata, West Bengal 700009, India
Lat 22.574845° Long 88.372934°
27/03/2025 11:35 AM GMT +05:30



Kolkata, West Bengal, India
77c, Acharya Pratulla Chandra Rd, Near Victoria Institute,
Baithakkhana, Kolkata, West Bengal 700009, India
Lat 22.575193° Long 88.372790°
26/03/2025 12:31 PM GMT +05:30





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Not ME , But You

