

LESSON PLAN

Department Name: PSYCHOLOGY

Name of Faculty: Dr. Dolon Dawn (DD), Dr. Sankalita Mukherjee (SM), Dr. Phooljani Ghosh (PG)

Paper Name & Code: PSYCHOLOGY MAJOR-BASIC PSYCHOLOGICAL PROCESSES

Planned					
Unit / Group / Module/Article	Topics	Reference Books	No of Lecture Planned	Content Delivery Technique	Remarks/ Comments
Semester II					
Unit I	Perceptual Process II a) Nature of Perception, relation of Attention and Perception, Form, Space, Movement, Time Perception and Optical Illusion	Psychology By Baron,	7	PPT presentation and Chalk and Talk Lecture Method	SM
	b) Perceptual Organization, Concept of Figure and Ground	The Psychology of Perception by Dember and Warm	3		SM
	c) Historical Background of Information Processing, theories of Information Processing		5		DD
Unit II	a) Learning Processes: Nature and Factors of Learning, Theories, Trial and Error, Conditioning classical and operant, insight, transfer of training	Introduction to Psychology by Atkinson and Hilgard	8	PPT presentation and Chalk and Talk Lecture Method	PG
	b) Memory and Forgetting : Nature of Encoding, Storage and Retrieval, STM, LTM, Types of Memory : Nature and Theories of Forgetting : Trace- Decay, Interference, Motivated Forgetting: Curve of Forgetting		7		DD
Unit III	a) Intelligence: Definition, Nature, Classification, (categories of theories), Factor Theories of Intelligence, Spearman and Thurstone	Cognitive Psychology By Galotti	5	PPT presentation and Chalk and Talk Lecture Method	PG
	b) Emotion: nature, basic emotions, theories- bodily theories (Peripheral- James – Lange, Central Canon- Bard)		5		SM

Subject Name/Code: PSYA

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Paper Name& Code: PSYCHOLOGYMAJOR-BASICPSYCHOLOGICALPROCESSES

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks/ Comments
	Cognitive Theory: Schachter Singer Theory c)Motivation:Definition,types-biologicaland social, theories, concept of drive,incentive, Maslow's need hierarchy theory and McClelland's theory	Psychology:SouthAsian Edition By Ciccarelli and Meyer	5	PPTpresentationandChalk and Talk Lecture Method	DD
Practicum	1.RetroactiveandProactiveInhibition 2.a.Perceptual Reversibility b.Time Perception 3.StandardProgressiveMatrices		10		PG SM DD DD

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LESSONPLAN

DepartmentName:PSYCHOLOGY

Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG)

Paper Name& Code: SkillEnhancementCourse(SEC)EMOTIONALINTELLIGENCE

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks / Comments
Unit I	Introduction:EmotionalIntelligence,Models ofEmotionalIntelligence,EQCompetencies,	EmotionalIntelligence By Goleman	5	PPTpresentationandChalk and Talk Lecture Method	SM
	Self-awareness,SelfRegulation,Motivation, Empathy and		5		
	InterpersonalSkills,ImportanceofEmotional Intelligence		5		
Unit II	KnowingOne,sandOthers'EmotionalLevels of Emotional	EmotionalIntelligence By Goleman	5	PPTpresentationandChalk and Talk Lecture Method	DD
	Awareness:RecognizingEmotionsinOneself; The Universality of Emotional		5		
	Expression,Perceivingemotionsaccuratelyin others		5		
UnitIII	ManagingEmotions:	Working with Emotional IntelligenceBy Goleman	5	PPTpresentationandChalk and Talk Lecture Method	PG
	TheRelationshipbetweenEmotions, Thought and behavior,		5		
	TechniquetomanageEmotions		5		

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Paper Name& Code: SkillEnhancementCourse(SEC)EMOTIONALINTELLIGENCE

Practicum	AssessmentofEmotionalIntelligence Assessment of Empathy By Hogan		30hrs.		DD,SM,PG

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DepartmentName:PSYCHOLOGY

NameofFaculty:Dr.Dolon Dawn(DD),Dr. SankalitaMukherjee(SM),Dr PhooljaniGhosh(PG) Paper

Name& Code: PSYDINTERDISCIPLINARYCOURSE(IDC)HUMANRESOURCEMANAGEMENT

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks/ Comment
UnitI	a)IntroductiontoHumanResource Management, HRM and HRD, Context and Issues in HRM b)Human Resource Practices: Job Analysis:RecruitmentandSelection	Industrial/Organizat ional Psychology By Aamodt	8 7	SlidePresentationand chalkandtalk method	DD PG
UnitII	International Human Resource Management(IHRM),TheContext of Globalization, Role ofCulture in IHRM, Dimensions of Culture Difference (Hofsteade)	HumanResource Management by V.S.P.Rao	15	SlidePresentationand chalkandtalk method	SM
Practicum	AdministrationofOrganizational Role Stress Scale		25	Laboratory	DD

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LESSONPLAN

DepartmentName:PSYCHOLOGY

Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG)

Paper Name& Code: Basics of Social and Industrial Psychology

Planned					
Unit / Group / Module/Article	Topics	Reference Books	Noof Lecture Planned	ContentDelivery Technique	Remarks/ Comments
Semester IV					
Unit I	Introduction, Nature, Scope and Method	Krech, D. & Crutchfield, R. S. Theory and Problems of Social Psychology. McGraw Hill. Kuppuswamy. An Introduction to Social Psychology. Media Promoters and Publishers Pvt Ltd.	8	PPTpresentationandChalk and Talk Lecture Method	SM
Unit II	Group : Nature. Influence of Group on Individual Behaviour, Crowd and Mob Behaviour. Leadership: Social Issues, Public Opinion and Propaganda.	Krech, D. & Crutchfield, R. S. Theory and Problems of Social Psychology. McGraw Hill	10 5	PPTpresentationandChalk and Talk Lecture Method	DD SM

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Paper Name& Code: Basics of Social and Industrial Psychology

Unit III	a) Industrial and Organisational Psychology: Concept of Industrial Psychology and Organisational Behaviour : Introduction, Aim, Scope and Methods.	Krech, D. & Crutchfield, R. S. Theory and Problems of Social Psychology. McGraw Hill	6	PPTpresentationandChalk and Talk Lecture Method	PG
	B)Work and Environment : Illumination, BVentilation, Temparature, Noise. Accidents in Industry :Causes and Prevention. Organizational Commitment.	Franzoi, S.L. (2009). <i>Social Psychology</i> (5th Ed.). New York: McGraw-Hill. Hogg,M.&Vaughan, G.M.(2008). <i>Social Psychology</i> .Prentice Hall.	9		DD

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Paper Name& Code: Basics of Social and Industrial Psychology

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks/ Comments
Practicum	To Determine The Effect of Group On Individual	Krech, D. & Crutchfield, R. S. Theory and Problems of Social Psychology. McGraw Hill	10	PPTpresentationandChalk and Talk Lecture Method	DD
	Administration of Deo Mohan Achievement Motivation		10		SM

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LESSONPLAN

DepartmentName:PSYCHOLOGY

Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG)

Paper Name& Code: Advanced Social Psychology

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks / Comments
Practicum	On Group Cohesiveness by Sociogram Method	Krech, D. & Crutchfield, R. S. Theory and Problems of Social Psychology. McGraw Hill.	15	PPTpresentationandChalk and Talk Lecture Method	DD
	On Impression Fomation		15		PG

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LESSONPLAN

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Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG) Paper

Name& Code: Research Methodology I

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks/ Comment
UnitI	Sampling. Normal probability curve: Properties and applications. Standard scores.	Das, D. & Das, A. (Latest edition). Statistics in Biology and Psychology. Academic Publishers, Calcutta.	12	SlidePresentationand chalkandtalk method	PG
UnitII	Introduction to correlation: Meaning of bivariate distribution; product moment, rankdifference, Biserial, point biserial, tetrachoric, phi coefficient, contingency coefficient – Computation and use.	Das, D. & Das, A. (Latest edition). Statistics in Biology and Psychology. Academic Publishers, Calcutta.	15	SlidePresentationand chalkandtalk method	DD
UnitIII	Statistical inference – concepts and steps involved in drawing a statistical inference. Concept of parametric and non-parametric statistics. Experimental hypothesis – null hypothesis and its testing. Concept of standard error. Computation and use of T test and Chi Square Test.	Das, D. & Das, A. (Latest edition). Statistics in Biology and Psychology. Academic Publishers, Calcutta. Das, D. & Das, A. (Latest edition). Statistics in Biology and Psychology. Academic Publishers, Calcutta.	7 8	SlidePresentationand chalkandtalk method SlidePresentationand	SM DD

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Name& Code: Research Methodology I

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Name& Code: Research Methodology I

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks / Comments
Practicum	1.On Correlation - Product Moment, Rank Difference, Biserial, Point Biserial, Tetrachoric, Phi Coefficient, Contingency Coefficient 2. On Chi Square and t test	Das, D. & Das, A. (Latest edition). Statistics in Biology and Psychology. Academic Publishers,Calcutta.	10 5	PPTpresentationandChalk and Talk Lecture Method	DD

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Name& Code: Research Methodology I

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks / Comments
Unit I	Research Problem and hypothesis: Characteristics of problems definitions, sources and criteria of good hypothesis, hypothesis and theory.	Singh,A.K.(1988). Tests, Measurements and Research Methods In Behavioural Sciences. Tata McGraw Hill, New Delhi.	15	PPTpresentationandChalk and Talk Lecture Method	SM
Unit II	Experimental method and field study. Design of experiments- i) controlling subject, situation and sequence related variable, ii) single group and separate group designs iii) quasi experimental design and time series.	Kerlinger, F.N.& Lee, H.B.(1999). Foundations of Behavioural Research. Wadsworth	15	PPTpresentationandChalk and Talk Lecture Method	DD
UnitIII	Development and Standardisation of Psychological Test: Concept of Item Analysis; Reliability; Validity and Norms; theoretical understanding of computation of reliability and validity.	Kothari, C.R. (1990). Research Methodology Methods and Techniques. WishwaPrakashan Calcutta, Second edition.	5 10	PPTpresentationandChalk and Talk Lecture Method	SM SM

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Name& Code: Research Methodology I

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks / Comments
Practicum	1. Attitude Scale Construction by Likert's Method 2. Computation of Reliability	Singh, A.K. (1988). Tests, Measurements and Research Methods In Behavioural Sciences. Tata McGraw Hill, New Delhi.	10 5	PPT presentation and Chalk and Talk Lecture Method	DD

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Paper Name& Code: Basics of Adjustment and Behavioural Problem

Planned					
Unit / Group / Module/Article	Topics	Reference Books	Noof Lecture Planned	ContentDelivery Technique	Remarks/ Comments
Semester VI					
Unit I	Introduction: Concept of Adjustment, Mental Health, Mental Hygiene, Criteria and Factors of Adjustment	Carson, R.C., Butcher, J.N., Mineka, .S. and Hooley, J.M. (2008). Abnormal Psychology, New Delhi: Pearson.	8	PPT presentation and Chalk and Talk Lecture Method	SM
	Stress : Concept, Types of Stress, Frustration and Conflict, Reaction to Stress : Generalized Principles of Adjustive Behaviour: Task Oriented and Defense Oriented Defensive Reaction Pattern	Hogan, R.: Personality Theory , Prentice Hall, New Jersey, 1976. Kaplan and Sadock's Synopsis of Psychiatry. Behavioural Sciences, Clinical Psychiatry. Benjamin James Sadock and Virginia Alcott Sadock. Lippincott Williams and Wilkins, 2007.	8		DD

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Paper Name& Code: Basics of Adjustment and Behavioural Problem

Unit II	Introduction : Concept of Abnormality, Criteria of Abnormality, Determinants of Abnormal Behaviour A) Biological B) Psychological (Concept of Neuroticism, Psychoticism) C) Socio-Cultural	Kearney, C.A. and Trull, T.J. (2012). Abnormal Psychology and Life: A dimensional Approach : New Delhi : Cengage Learning.	10 5	PPT presentation and Chalk and Talk Lecture Method	SM
Unit III	Clinical Features and Recent Classifications following DSM 5 I) Schizophrenia II) Mood Disorders – Major Depressive and Dysthymic Disorder III) Generalized Anxiety Disorder IV) Phobia V) Obsessive and Compulsiv Disorder	Goldberger, I. and Berznitz, S. :Handbook of Stress : Theoretical and Clinical Aspect. The Free Press Collier Macmillan Publishers. London, 1986.	6 9	PPT presentation and Chalk and Talk Lecture Method	PG SM

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Paper Name& Code: Basics of Adjustment and Behavioural Problem

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks/ Comments
Practicum	Administration of NEO FFI		06	PPT presentation and Chalk and Talk Lecture Method	PG
	Administration of Beck Depression Inventory 2		06	PPT presentation and Chalk and Talk Method	SM

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Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG)

Paper Name& Code: Psychopathology

Unit/Group/ Module / Article	Topics	Reference Books	No ofLecture Planned	ContentDelivery Technique	Remarks / Comments
Unit I	Concepts of Psychopathology. Current Classification of Mental Disorders (According to APA) B) Methods of studying abnormal behavior : Case History, Interview. Psychometric; Projective	Kearney, C.A. and Trull, T.J. (2012). Abnormal Psychology and Life: A dimensional Approach : New Delhi : Cengage Learning.	14	PPT presentation and Chalk and Talk Lecture Method	SM DD
Unit II	Signs, Symptoms and Etiology of Anxiety Disorder- Generalized Anxiety Disorder, Phobia , Obsessive Compulsive Behaviour, Signs, Symptoms, Etiology of Conversion Disorder	David Barlow, H. and Durand, V. Mark, 7 th Edition, e-book (2013) Abnormal Psychology: Cengage Learning India Edition.	15	PPT presentation and Chalk and Talk Lecture Method	PG
Unit III	Signs, Symptoms and etiology of Mood Disorder- Major Depressive Disorder and Bipolar Disorders B) Signs , Symptoms and Etiology of Scizophrenia Spectrum Disorder	Kaplan and Sadock's Synopsis of Psychiatry. Behavioural Sciences, Clinical Psychiatry. Benjamin James Sadock and Virginia Alcott Sadock. Lippincott Williams and Wilkins, 2007.	16	PPT presentation and Chalk and Talk Lecture Method	PG SM

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Paper Name& Code: Psychopathology

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks / Comments
Practicum	Administration of EPQ R(Eysenck Personality Questionnaire) R		10	PPT presentation and Chalk and Talk Lecture Method	PG
	Administration of General Health Questionnaire (GHQ 28)		06		SM

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Name of Faculty: Dr.Dolon Dawn(DD), Dr. Sankalita Mukherjee(SM), Dr Phooljani Ghosh(PG) Paper

Name& Code: Organizational Behaviour

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks/ Comment
Unit I	Introduction :Historical Antecedants of Organizational Behaviour : Scientific Management and Human Relations Movement : Contemporary Trends and Challenges: Organizational Behaviour : Challenges in the Indian Setting	Blum, N.L. and Naylor, J.C. Industrial Psychology – Its Theoretical and Social Foundation	15	Slide Presentation and chalk and talk method	DD
Unit II	Individual Level Process : Employee attitudes; Job Satisfaction, Organizational Citizenship Behaviour; Content Theories of Work Motivation , Maslow, Mcclelland, Two Factor Theory, Process Theories	Greenberg, J. and Baron, R. a. (2007). Behaviour in Organizations (9 th Edition). India : Dorling Kindersley	15	Slide Presentation and chalk and talk method	DD PG
Unit III	Dynamics of Organizational Behaviour, Organizational Culture, Power and Politics, Gender Issues at Workplace and Its influence on work life balance, Sexual Harrasment at Workplace. Positive Organizational Behaviour.	Griffin, R.w. and Moorland, G. (2009). Organizational Behaviour: Managing People and Organizations. New Delhi : Biztantra publishers.	15	Slide Presentation and chalk and talk method	DD SM

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Name& Code: Organizational Behaviour

Unit/Group/ Module / Article	Topics	ReferenceBooks	NoofLecture Planned	ContentDelivery Technique	Remarks / Comments
Practicum	1. Questionnaire on Work-Life Balance (WLB) by Hayman, 2005		10	PPTpresentationandChalk and Talk Lecture Method	DD
	2. Work Motivation Questionnaire (WMQ -A) by KG Agarwala , 2012		10		SM

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